

HURON-PERTH CHILDREN'S AID SOCIETY

Training Calendar

Fall 2007 – Semester 1



413 MacEwan Street
GODERICH, ON
N7A 4M1
(519) 524-7356
1-800-265-5198

639 Lorne Avenue E.
STRATFORD, ON
N5A 6S4
(519) 271-5290
1-800-668-5094

TRAINING CALENDAR October 2007 to January 2008

Due to a number of Resource staff changes the Fall/Winter calendar has been late in circulation and may be subject to further change. We apologize for any inconvenience this may have caused.

- The fall 2007 Huron-Perth Training Calendar has once again been a collaborative effort of the whole Resource Department. You will notice that a number of staff will be facilitating and leading foster parent trainings. The fall 2007 Training calendar offers a great variety of training on both the Goderich and Stratford site.
- Stratford Site will be hosting a PRIDE Pre-Service Training commencing Wednesday October 3, 2007 and running for nine consecutive weeks.
- Goderich will host a PRIDE Pre-Service Orientation Training commencing Tuesday October 2, 2007 from 6:30 to 9:00 in the Board Room at 413 MacEwan Street, Goderich. This course will run for nine consecutive weeks and end on Tuesday November 27, 2007.
- **TRAINING LOGS** – Please remember to have them signed every time you attend a training session. At the end of **June 2008** please submit your log to **your resource worker** who will take a copy of the document for your file and will submit the log to the accounting department/Resource Program Manager for processing.
- Foster parent training credits will be calculated based on the hours of training they have attended over the past five years. One hour of training=one credit. Foster parents who are at the maximum must maintain that level by attending at least **12 hours** of training per year; otherwise they move back a level.

Training	1 Hour = 1 Credit
20-50 credits	\$0.50
51-75 credits	\$1.25
76-100 credits	\$2.00
101-125 credits	\$3.00
126+credits	\$4.00

- Foster Parents can be given training credit for applicable training taken outside the agency if it is **pre-approved** by **your** Resource Worker. Limited subsidies are available through the F.P.A. for those requiring financial reimbursements for outside trainings.

- If you would like information pertaining to your current training credits you can contact your Resource Worker for clarification.
- PRIDE Pre-Service Orientation/Training will be offered three times within the calendar year on the Goderich Site and three times on the Stratford Site. If you know **anyone** interested in fostering, please have them contact Deanie Jardine at (519) 524-7356 ext. 3275 or Vy Waller at (519) 271-5290 ext. 2256.

REGISTRATION

- **Pre-registration** is required so that we can have an idea of numbers and plan accordingly. All agency training workshops are provided by the agency at no cost to foster parents. Pre-registration also assists with **cancellation** calls should a speaker become unavailable, registered numbers are too low or weather condition require the training to be cancelled.
- Registration forms are enclosed so please return as soon as possible to guarantee a space in your desired course. You can mail your registration forms to Deanie Jardine at the Goderich Office - 413 MacEwan Street, Goderich, Ontario, N7A 4M1 or Fax it to (519) 524-1541.
- **Insufficient registrations** for a workshop will result in its **cancellation**. You will be notified of the cancellation if you had registered for the workshop.
- Please contact Deanie Jardine or Vy Waller if you are unable to attend a workshop you had previously registered to attend.

INTERNET TRAINING

1. Many of our foster parents are unable to attend on site or off site trainings: therefore, Internet Training is available by accessing the site offered below. There will be a \$6.00 - \$9.00 fee per training that will need to be billed to your Visa/Master Card in order to access the material. Please advise **your Resource Worker** if you plan to access this source of training and submit your receipt with your monthly mileage form for reimbursement. The Internet training will be ideal for the month of January, which is typically very unpredictable due to weather. Simply go to the site, complete the training and submit the certificate or test with your training log at the end of the training calendar year (**No later than July 31**) for credit. If you have any questions about a particular site or subject,

simply contact your resource worker for prior approval. You can locate the trainings at: <http://www.fosterparents.com/training.htm> and <http://www.fosterparentssociety.org/training.htm>

2. New Courses offered this year at [fosterparents.com/training](http://www.fosterparents.com/training) are:
 - Positive Discipline
 - The Sexual Behaviours of Traumatized Children: Why Are These Children So Focused on Sex
 - Aspergers, Autism & Other Pervasive Developmental Disorders

PRIDE – Digital Curriculum

The Huron-Perth Children’s Aid Society has been fortunate to secure a full set of In-Service Digital Curriculum for both the Goderich and Stratford Sites. Courses available on CD-Rom to use on your home computer are:

- Module 1 – Meeting the Developmental Needs of Children at Risk
- Module 2 – Using Discipline to Protect, Nurture and Meet Developmental Needs
- Module 3 – Addressing Developmental Issues Related to Sexuality
- Module 4 – Responding to the Signs and Symptoms of Sexual Abuse
- Module 5 – Supporting Relationships Between Children and Their Families
- Module 6 – Working as a Professional Team Member
- Module 7 – Promoting Children’s Personal and Cultural Identity
- Module 8 – Promoting Permanency Outcomes
- Module 9 – Managing the Fostering Experience

The Modules will be available for use on a “two-week” sign-out basis. Contact either Vy Waller at ext. 2256 to reserve a copy through Stratford or Deanie Jardine at 3275 to reserve a copy from Goderich.

- ***Please remember that any training you plan to attend outside the agency’s program and you want credit for attendance, that you must notify your resource worker in advance to receive approval (only appropriate and applicable trainings for fostering will be given credit).***

REGISTRATION FORM

Name(s): _____ Telephone Number: _____

✓ Please check the workshops you plan to attend and indicate the number planning to attend.

- | | | |
|----|---|--|
| A. | Talented Teens Group | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| B. | PRIDE for Kids: “Mission not Impossible”
Stratford | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| C. | Trauma and Loss | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| D. | First Aid - Stratford | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| E. | PMAB - Goderich | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| F. | Permanency Planning | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| G. | Luck Parenting | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| H. | ride: Teens in Care- Supporting
Attachment | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I. | PRIDE for Kids: “Mission not Impossible”
Goderich | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| J. | Preparing Resource Parents for Court | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Please Return To:
Deanie Jardine
Huron-Perth Children's Aid Society
413 MacEwan Street
N7A 4M1
Fax : 524-1541

Summary of Foster Parent Training October 2007 to January 2008 (Bulletin Board Copy)

October 2006 (9:30 - 11:30)	Living Room Learning Groups Stratford, Milverton, Listowel, Central Huron
October 3 - 8 sessions (6:00 - 8:00 p.m.)	Talented Teens Group Stratford
October 10 - 8weeks (6:00 - 8:00 p.m.)	PRIDE For Kids: "Mission Not So Impossible Stratford, Huddle Room
October (8:30 - 4:30 p.m.)	TRAUMA AND Loss
October	Fostering Support Group Huron-Perth Center for Children's Aid Society and Youth Clinton, ON
October 17, 2007 (6:00 - ?)	Appreciation Banquet Army/Navy, Stratford
October 27, 2007 (8:30 - 4:30 p.m.)	Emergency First Aid Multipurpose A/B, Stratford
November 1, 2, 2007 (9:30 - 3:00 p.m.)	PMAB Goderich CAS Board Room
November 14, 2007 (7:00 - 9:00 p.m.)	Permanency Planning Room C, Stratford Site
November 20 & 27/07 (9:30 - 2:30 p.m.)	Pot Luck Parenting Goderich CAS Board Room
January 8 & 15/08 (9:30 - 2:30 p.m.)	PRIDE - Teens in Care Goderich CAS Board Room
January 9 - 8weeks (6:00 - 8:00 p.m.)	PRIDE For Kids: "Mission Not So Impossible Goderich CAS Board Room
January 24, 2008 (1:00 - 3:00 p.m.)	Preparing the Resource Parent for Court Multi-purpose Room Stratford Site

<u>PRIDE Pre-service</u>	
Goderich Postponed due to low Registration	Tuesday Oct. 2, 9, 16, 23,30 Monday Nov. 5, Tues. Nov. 13, 20 and 27 th 6:30 - 9:15 p.m.
Stratford	Wednesday Oct. 3, 2007 and running nine consecutive weeks from 6:00 - 9:00 p.m.

Scrap Booking/Life Booking Opportunity

In follow up to the Spring Foster Parent Conference there had been an interest expressed in foster folks meeting together on a regular basis to compile all the information they collect for a child-in-care's life book. If you are one of those interested people, I would invite you to give Diane Hahn a call and express your interest so that we can explore booking space on both sites to host this worth while opportunity. Not only will you have the chance to share ideas about items to include in the child's life book, but also brain storm different ways to approach difficult topics.

If you are interested in the creative and learning opportunity please call:

Diane Hahn (foster parent) (519) 347-2742

Dates and times will depend on the response Diane receives.

This group will be hosted on both the Goderich and Stratford site.

Living Room Learning Group

Back by popular demand is the Living Room Learning Groups. Each group will be facilitated by a Resource Worker and/or a Resource Student. Members of each group are expected to attend regularly and there will be some homework expectation to enhance self learning. .

There will be three Living Room Learning Groups offered this fall in Perth County.

<u>Group</u>	<u>Start Date</u>	<u>Time</u>	<u>Facilitator</u>
Milverton	Oct. 9, 2007	9:15 – 11:15	Erin Smethurst
Stratford	Oct. 1, 2007	9:15 – 11:15	Vy Waller
Listowel	Oct. 4, 2007	9:30 – 11:15	Margaret Jack

A letter of invitation has already been sent out to individuals.

Huron County Living Room Learning Groups
(Letters of invitation to follow by October)

<u>Group</u>	<u>Start Date</u>	<u>Time</u>	<u>Facilitator</u>
Central Huron	To be Announced	9:30 – 11:30	Deanie Jardine
South Huron	To be announced	9:30 – 11:30	Debbie Brodie Ritz

TALENTED TEENS GROUP

Facilitator: Becky Cucksey, Resource Student

Dates: Wednesday October 3, 2007
(8 consecutive weeks)

Time: 6:00 – 8:00 p.m.

Location: 639 Lorne Ave. E., Stratford

This is a group for teen girls that want to have fun while learning to improve their social skills, self esteem, conflict resolution and team work.. Social skills and other life lessons will be taught through a variety of cooperative games and activities. The following is an outline of the Talents Teens Program.

Participants have been contacted and invited.

Meeting #1 – Get To Know Me

Meeting #2 – Hear with Understanding

Meeting #3 – Super Cool Me

Meeting #4 – Team Work

Meeting #5 – Fight Night

Meeting #6 – Spa Night

Meeting #7 – Cooperation with a Twist

Meeting #8 – That's A Wrap!

PRIDE For Kids: “Mission not So Impossible”

Facilitator: Erin Smethurst, Resource Student
Hannah Graves, Fostering Youth

Date: Wednesday Oct. 10, 2007
(8 week course)

Time: 6:00 – 8:00 p.m.

Location: 639 Lorne Ave. E, Stratford
Huddle Room,

Target Population October's group Perth County Homes

On October 10, 2007 there will an 8 week course for children and young teens of fostering families. For those interested drivers will be arrange to assist with transportation. Food will be provided and all activities are free. This course will have two purposes, fun and exploration of what it is like to foster and how youth problem solve and manage fostering in order to stay emotionally and mentally happy. This course has been carefully planned and developed by Erin Smethurst and Hannah Graves (who has been a foster youth for 10 years). It is a course that is supported and overseen by Vy Waller. Confidentiality is very important to the youth in these groups and all youth will be interviewed before the group begins so they have a good sense of what the group is about and what they can look forward to. These interviews will be conducted with the foster parents' involvement. Some homework may be sent home for the foster parents. We thank you in advance for supporting your children and youth in this program. The course is offered to children and youth from 7 years to 13 years of age.

FIRST AID TRAINING:

Trainer: Don Stephens

Date: Saturday October 27, 2007

Time: 8:30 a.m. – 4:30 p.m.

Location: 639 Lorne Ave, Stratford
Multipurpose Room A/B

Target Group: All Foster Parents

Don Stephens, foster parent for the Huron-Perth Children's Aid Society, and qualified First Aid instructor, will be providing a full day of Emergency First Aid Training. There is a ceiling of 25 participants; so early registration is a must to ensure a space. First Aid Training is an essential asset to all foster parents/parents to better prepare them in the event of an unforeseen accident.

PREVENTION AND MANAGEMENT OF AGGRESSIVE BEHAVIOUR – MODULE I, II AND III– (PMAB):

Trainer: Deanie Jardine
Kelli Russell

Date: Thursday November 1, 2007 – Modules I & II
Friday November 2, 2007 – Module III

Time: 9:30 – 3:00 p.m.

Location: 413 MacEwan Street, Goderich
CAS Board Room

Target Group All foster parents (especially those that foster teens or aggressive youth)

The training in PMAB (the prevention and management of aggressive behaviour) is a must for all foster parents and staff. Module I will focus on “Understanding Aggressive Behaviour”, Module II will explore the “Prevention and Management of Aggressive Behaviour” and Module III will explore the “Physical intervention techniques”. If you register for this training, in order to receive your certificate of completion you must attend the whole time offered. All agencies (residential and non-residential) have been requested to revisit their restraint policy and the Huron-Perth Children's Aid Society has adopted the PMAB module as their accepted and supported non-crisis intervention practise. If you have any questions pertaining to this training, do not hesitate to contact Deanie Jardine, prior to registering.

PERMANENCY PLANNING & THE ROLE OF THE RESOURCE PARENT:

Trainer: Lu Anne Million

Date: Wednesday Nov. 14, 2007

Time: 7:00 – 9:00 p.m.

Location: 639 Lorne Ave E., Stratford
Room C

This training is limited to 12 participants so register early!!!

LuAnne has over 25 years of Child Welfare Experience, has been a member of the Resource Team for 21 years, has worked in a Parent Therapist Foster Care Program with Crown Wards, Foster Parent Support and Adoption.

Permanency Planning includes assessing at the earliest possible point the possibility of:

- Reunification with family;
- Alternative placements such as kinship career guardianship arrangements with foster placements or friends in the community; or
- Adoption.

POT LUCK PARENTING: Power of Parenting

Trainers: Deanie Jardine
Vy Waller

Date: Tuesday Nov. 20 and Wednesday Nov. 21
Tuesday Nov. 27 and Wednesday Nov. 28

Time: 9:30 – 2:30 p.m.

Location: 413 MacEwan Street, Goderich
CAS Board Room

Mandatory attendance for all dates provided.

Participants are to bring to the table a favourite food dish and a “tried and true” parenting technique they have had success in utilizing with challenging youth. The group will be matching and comparing these smorgasbords of strategies with Dr. Gordon Neufeld theories on Attachment and the Power to Parent.

Pizza lunch and beverages will be provided to compliment the pot luck items brought by participants.

EATING DISORDERS:

Trainer: Allyson Austin, School-Based Social Worker

Date: Wednesday December 5, 2007

Time: 6:30 – 9:00 p.m.

Location: 413 MacEwan Street, Goderich
CAS Board Room

Allyson Austin, school-school based social worker, used to work at an Eating Disorder's Clinic in Windsor, Ontario before joining the team at Huron-Perth CAS. Allyson will share her knowledge in detecting the signs and symptoms of an eating disorder (anorexia, bulimia, over eating). She will explore the causes and how to support an individual with an eating disorder. Allyson will also discuss dieting, societal perceptions of beauty and the part that media plays into the problem.

PRIDE: TEENS IN CARE- SUPPORTING ATTACHMENT

Trainers: John Harrison
Debbie Brodie Ritz

Dates: Tuesday January 8, 2008 and
Tuesday January 15, 2008

Time: 9:30 – 2:30 p.m.

Location: 413 MacEwan Street, Goderich
CAS Board Room

This module is designed to help the resource parent understand how the traumas and losses experienced in earlier stages of development will affect the teen's ability to form and build healthy relationships. Emphasis is placed on the practical aspects of integrating teens into the family routine and ways to promote healthy relationships with teens on a day to day basis. It is essential to attend both training dates in order to complete the module.

PRIDE for Kids: "Mission not so Impossible"

Facilitator: Erin Smethurst, Resource Student
To be announced

Dates: Wednesday January 9, 2008
(8 consecutive weeks)

Time: 6:00 – 8:00 p.m.

Location: 413 MacEwan Street, Goderich
CAS Board Room

Starting January 6, 2008 the eight week PRIDE course for children and young teens of fostering families will be hosted on the Goderich Site. For those interested drivers will be arrange to assist with transportation. Food will be provided and all activities are free. This course will have two purposes, fun and exploration of what it is like to foster and how youth problem solve and manage fostering in order to stay emotionally and mentally happy. This course has been carefully planned and developed by Erin Smethurst, resource student and will be co-facilitated by a youth in care from the Huron area. The course is offered to youth that foster between the ages of 7 to 13 years. Confidentiality is very important to the youth in these groups and all youth will be interviewed before the group begins so they have a good sense of what the group is about and what they can look forward to. Youth and their parents will be contacted by Erin before Christmas vacation so that everyone is ready to start the first week back from the holidays. Some homework may be sent home for the foster parents. We thank you in advance for supporting your children and youth in this program

LEARNING CIRCLES:

Facilitators: Deanie Jardine – Goderich
Vy Waller - Stratford

Date: January 16, 2008

Time: 10:30 – 12:00

Location: Board Room, Goderich CAS Building
Stratford CAS Building

Target Group: Staff and Foster Parentst

The topic for January's Learning Circle is PRIDE training and the SAFE home Study process. This is an opportunity for staff and foster parents to better understand what the PRIDE curriculum entails and the competencies explored throughout the different courses. The SAFE Home Study format compliments the learning achieved at pre-service and identifies people's strengths and learning goals.

PREPARING THE RESOURCE PARENT FOR COURT:

Facilitator: Barb Tuer, Senior Legal Counsel

Date: Thursday January 24, 2008

Time: 1:00 – 3:00 p.m.

Location: 639 Lorne Avenue E., Stratford
Multi-purpose Room

Barbara Tuer is the Senior Legal counsel for the Huron-Perth Children's Aid Society. Barb has been involved in child welfare matters for more than 17 years. In this training Barb will focus on the preparation process for caregivers that will be: attending court; giving evidence, preparing an affidavit; and handling cross-examinations. This will be a practical overview of the expectations for caregivers involved in the legal process.

JANUARY/FEBRUARY TRAININGS – PLEASE REMEMBER TO ACCESS ON-LINE TRAININGS!